



Our Mission:

We are dedicated to fostering a vibrant community where Indigenous women come together to share and inspire our diverse cultures and create a supportive platform for networking, education, and empowerment.

The Conference Planning Committee is actively seeking passionate, knowledgeable presenters in the topic areas listed below. If your expertise aligns with any of these themes, we warmly invite you to submit a proposal through our **Call to Present Application** for the Native American Women's Conference. Your voice has the power to inspire, educate, and uplift our community.

ROUNDTABLE TOPICS (40-minute sessions for Thursday):

Leadership (10 Topics)

1. **Leading with Cultural Integrity: Balancing Tradition and Modern Leadership**
 2. **Rising Together: Building Intergenerational Leadership Among Native Women**
 3. **From Advocate to Decision-Maker: Influencing Policy in Tribal and Non-Tribal Systems**
 4. **Circle Leadership: Decolonizing Hierarchy and Embracing Community Models**
 5. **Reclaiming Authority: Navigating Leadership in Predominantly Non-Native Workspaces**
 6. *Servant Leadership the Native Way: Wisdom from Elders and Community Models (Elisia Manuel)*
 7. **The Power of Visibility: Why Representation in Leadership Matters**
 8. **Leading Through Adversity: Strength-Based Leadership in Challenging Times**
 9. **Sacred Leadership: Infusing Spirituality and Purpose into How We Lead**
 10. **Mentorship that Moves the Needle: Elevating the Next Generation of Native Women Leaders**
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Wellness (10 Topics)

1. **Resilient Roots: Healing Intergenerational Trauma with Cultural Practices**
2. **The Wellness Wheel: Creating Balance in Mind, Body, Spirit, and Community**
3. **Saying No Without Guilt: Boundaries as a Form of Self-Respect and Wellness**
4. **Reconnecting to Traditional Foods for Health and Identity**
5. **Sacred Rest: Overcoming Burnout and Reclaiming Time for Self**

6. Talking Circle Topics: Mental Health Conversations That Heal
 7. Wellness in Leadership: How to Stay Grounded When You're in Charge
 8. Healing in Motion: Movement, Dance, and Indigenous Approaches to Fitness
 9. Reclaiming Joy: Why Play, Laughter, and Fun Are Essential for Wellbeing
 10. From Shame to Strength: Discussing Substance Recovery and Supporting Each Other
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Career (10 Topics)

1. Career Mapping: Designing a Purpose-Driven Path with Flexibility and Intention
2. Navigating Workplace Microaggressions with Strength and Strategy
3. Breaking the Bamboo Ceiling: Advancing Native Women in Executive Roles
4. Native Women in STEM: Breaking Ground and Building Legacy
5. Side Hustles & Small Business: Turning Passion into Profit
6. Negotiating with Confidence: Getting the Pay, Respect, and Role You Deserve
7. Cultural Intelligence in the Workplace: How to Educate Without Always Being the Educator
8. Building a Personal Brand Rooted in Identity and Purpose
9. Remote & Hybrid Careers: Thriving in the New World of Work
10. From Job to Journey: Leveraging Education, Internships, and Life Experience

BREAKOUT SESSION TOPICS (85-minute sessions for Friday):

◆ Leadership (3 Topics)

1. Braiding Power and Purpose: Crafting Your Unique Leadership Voice as a Native Woman
Explore your leadership style through storytelling, cultural values, and personal experience. Leave with a leadership vision plan rooted in both tradition and innovation.
2. Breaking the Silence: Leading Boldly in Spaces That Weren't Built for Us
Tackle barriers Native women face in leadership roles. Develop strategies to speak up, influence systems, and foster resilience when navigating bias, invisibility, or isolation.

3. **From Community Roots to Collective Impact: Leading with Relational Power**
Dive into Indigenous models of leadership. Learn how to build power through community engagement, coalition building, and intergenerational collaboration.
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◆ **Wellness (3 Topics)**

1. **The Wellness Legacy: Healing for Ourselves, Our Families, and Future Generations**
Engage in guided reflection, cultural practices, and group discussion to address trauma, reclaim healing traditions, and build a long-term wellness plan.
 2. **Rest as Resistance: Creating Space for Self-Care in a Demanding World**
Explore why intentional rest is a radical and necessary act for Native women leaders. Practice mindfulness, body awareness, and setting sustainable boundaries.
 3. **Beyond Survival: Thriving Emotionally, Spiritually, and Culturally**
Learn tools for emotional regulation, reconnect with ancestral wisdom, and develop a culturally attuned wellness toolkit for daily life and leadership.
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◆ **Career (3 Topics)**

1. **Trailblazers and Changemakers: Strategies for Career Growth and Advancement**
Work through real scenarios and exercises to identify career goals, elevate your professional presence, and overcome internal and external barriers to success.
2. **Purpose-Driven Work: Aligning Your Career with Your Cultural Values**
Whether in corporate, nonprofit, tribal, or entrepreneurial spaces—explore how to bring your whole self to work, stay grounded in your values, and lead with integrity.
3. **Owning Your Worth: Salary, Promotions, and Power Moves**
Learn how to advocate for yourself through role play, negotiation tactics, and peer coaching. This session empowers Native women to confidently ask for (and get) what they deserve.